

**Droitwich Spa Lawn Tennis Club**

**2025 Junior Tennis Coaching**

**Course Duration**

This is a 15 week course running from the 1st Sept – 20th Dec 2025. All courses are £105 for 15 weeks per person. Every additional course is £55 per course. We break for half terms.

**Course Information**

Tennis sessions cover all aspects of the game including Technical, Tactical, Mental, Physical & Match Play. All participants must be a member of Droitwich Tennis Club. All coaches are LTA Accredited, Insured, First Aid trained, have a valid DBS Certificates and are Safeguarded trained. If it rains, we are still on in the clubhouse with fitness videos, yoga and stretching.

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| **Start Date** | **Day** | **Time** | **Course** | **Age/Level** | **Cost** |
| 1st Sept | Mon | 4-5pm | Mini Red/Orange/Green | 5-12 years | £105 |
| 1st Sept | Mon | 5-6pm | Teens | 10-18 years | £105 |
| 1st Sept | Mon | 6-7pm | Teens | 10-18 years | £105 |
| 1st Sept | Mon | 7-8pm | Teens Elite | 11-18 years | £105 |
| 2nd Sept | Tues | 4.30-5.30pm | Performance Invite only | 9-14 years | £105 |
| 2nd Sept | Tues | 5.30-6.30pm | Teens | 10-18 years | £105 |
| 3rd Sept | Weds | 330-430pm | Performance Invite only | 7-9 years | £105 |
| 3rd Sept | Weds | 4.30-5.30pm | Green/Teens | 8-12 Years | £105 |
| 4th Sept | Thu | 5-6pm | Teens | 10-18 years | £105 |
|  5th Sept | Fri | 430-530pm | Mini Red/Green | 5-8 years | £105 |
| 6th Sept | Sat | 830am-9am | Tots | 2-5 years | £75 |
| 6th Sept | Sat | 9-10am | Mini Red/Orange/Green | 5-12 years | £105 |
| 6th Sept | Sat | 10-11am | Teens | 10-18 years | £105 |
| 6th Sept | Sat | 11am-12pm | Teens | 10-18 years | £105 |

For any queries regarding the coaching programme, please contact Head Coach Lee Cowan on **07969 740702**. Performance sessions, individual coaching and tournaments are also available. Check the notice boards, website and club social media sites for further information. **Cheques payable to “Lee Cowan” or Bacs payment to account-20307304/sort code-070116, please include your child’s name on transfers.**

**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Age\_\_\_\_\_\_\_\_\_Phone\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Email\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Medical\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Player’s under 13 years old must be picked up by a responsible adult courtside. Please ensure the coach always knows who will be picking up you child. If your child will be arriving and leaving alone written consent must be handed to the Tennis coach.**